

THE

180TH FIGHTER WING, OHIO AIR NATIONAL GUARD, TOLEDO, OH

STINGER

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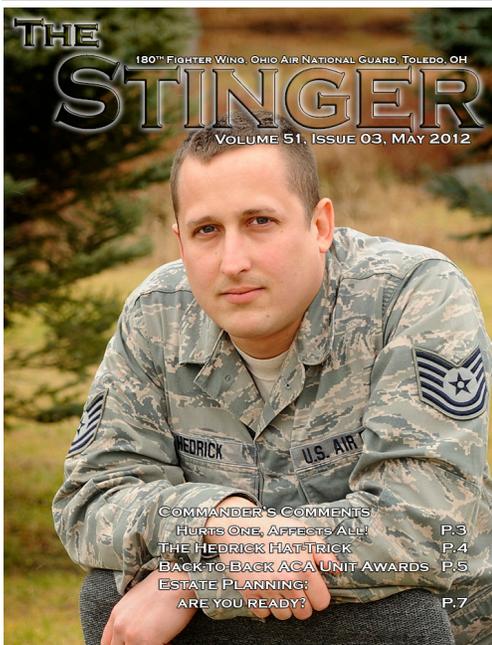
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On Cover



U.S. Air Force Tech. Sgt. Bruce Hedrick, a command post controller with the 180th Fighter Wing, Ohio Air National Guard, wins three major awards at the local, state and national levels in 2011. (U.S. Air Force photo by Master Sgt. Beth Holliker/Released)

STINGER

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DEADLINE

Deadline for the next Stinger is the Wed. prior to the UTA @ 3 p.m. Hand deliver articles to the Public Affairs Office in Building 114 or e-mail:
180.stinger@ang.af.mil
For more information call ext. 4072 during the UTA.

ABOUT THE STINGER

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COMMANDER'S COMMENTS

HURTS ONE, AFFECTS ALL!

One definition offered by the dictionary defines professionalism as “characterized by or conforming to the technical or ethical standards of a profession”. As members of the Air Force, we are all considered professionals. We are the GUARDIANS OF FREEDOM AND JUSTICE, MY NATION'S SWORD AND SHIELD, ITS SENTRY AND AVENGER. That's a pretty tall order and something that is not taken lightly by our nation's citizens.

More than 35 years ago, when I entered the Air Force, I was a “knuckle-dragging” flightline mechanic and my primary concern was “conforming to the technical” portions of my career. My field of view rarely focused beyond the end of the wrench in my hand. The Air Force was much larger at that time, nearly 650,000, and it was difficult to picture myself as part of a bigger team.

Times have changed. The Air Force is considerably smaller and more diverse. More than ever before, every piece of the smaller Air Force machine has to be “value added.” Every person contributes to the mission, and I mean EVERY person.

I recently attended a conference at Joint Base Andrews on Sexual Assault and Prevention. A veteran of countless Air Force conferences, I settled back in my seat for a series of guest speakers and “death by PowerPoint” presentations. But this conference was different. Day one began with Gen. Philip Breedlove, vice chief of staff of the Air Force, followed by several other notable general officers and presenters. Day two featured the Secretary of the U.S. Air Force, Michael Donley and another full list of distinguished briefers. If this list



Photo by: MSgt. Elizabeth Holliker

Col. James Regan, vice commander of 180th Fighter Wing.

of heavy hitters didn't get my attention, I'm not sure what would have. It was two full days of “tell it like it is” information on sexual assault in the Department of Defense. All of the studies, figures, results and recommendations were briefed. Some portions were uncomfortable to listen to.

In 2010, there were over 2,617 reports of sexual assault in the DOD and it's estimated that only 14 percent of assaults are actually reported. This would indicate more than 86 percent go unreported for a total of 19,000 women and men. Notice I said women AND men. That's a staggering figure! In today's world, what modern military could perform at its peak when 19,000 of its members have been victims of sexual assault? None that I know of. This type of behavior is totally unacceptable and tears at our warrior spirit.

So, how do we effect change with these awful statistics? The

answer is: Educating, Motivating, Supervising and Leading! We educate our Airmen on the effects that sexual assault has on the military and our Wingmen. We motivate our Airmen to realize that we are all one team and we “win” and “lose” together. We supervise each other to ensure no one ever gets left in a vulnerable position, or situation, and that every Airman is a Wingman. Finally, we lead by being involved and driving home a culture that no one has the right to intimidate, bully, coerce or sexually assault another person. Bottom line, sexual assault will not be tolerated in the DOD, and members found guilty of assault will be prosecuted with the full force of the Uniform Code of Military Justice or civilian courts, as applicable.

Soon we will be deploying for a short period to Alpena Air National Guard Base, Mich. It's a great opportunity for all of us to get some quality off-site training. In addition, we will get to spend more personal time together; something rarely afforded to us during busy Unit Training Assemblies. We need to ensure we are building camaraderie, fellowship and teamwork. Though, we also need to ensure external forces such as excessive alcohol consumption, late evenings and inappropriate behavior don't mar the experience. We go up as one team; we come back as one team!

In the end, this was the best conference I have ever attended in my Air Force career. Remember that tall order from the beginning – GUARDIANS OF FREEDOM AND JUSTICE, MY NATION'S SWORD AND SHIELD, ITS SENTRY AND AVENGER. The American people are counting on ALL of us! As Air Force professionals, we ALL need to ensure we can count on each other!

The Hedrick Hat-Trick

180th Airman scores three awards in one year

By Master Sgt. Elizabeth Holliker
Public Affairs Manager

A Hat-trick is a term that has been acknowledged in the world of sports since 1877 and is considered a series of three victories, successes or accomplishments during one game by a single player. The player who accomplished the victories was awarded with a cap, or hat. Hat-trick did not gain notoriety until the mid-1940s when it was adopted by the National Hockey League to highlight a single player scoring three goals in one game.

For Tech. Sgt. Bruce Hedrick, a command post controller at the 180th Fighter Wing, his hat-trick was earned when he scored three major awards at the local, state and national levels during 2011. First scoring the title of Non-commissioned Officer of the year for the 180th FW, he then moved onto the state Ohio Air National Guard NCO of the year competition where he scored the title of NCO of the year for the state. Closing out the hat-trick, Hedrick then earned the title of 1st Air Force Aerospace Control Alert Command Post Controller of the Year.

These significant awards speak volumes about the professionalism and dedication Hedrick has exhibited throughout his career, but his greatest accomplishment is being part of an award winning team.

“Individual accolades aside,” said Hedrick, “I take pride in being part of the first back-to-back winnings of the 1st Air Force Aerospace Control Alert Unit of the Year as well as the Air National Guard Command Post of the Year awards.”

The 180th Fighter Wing Command Post earned the title of ANG Command Post of the Year in 2010. The success of the command

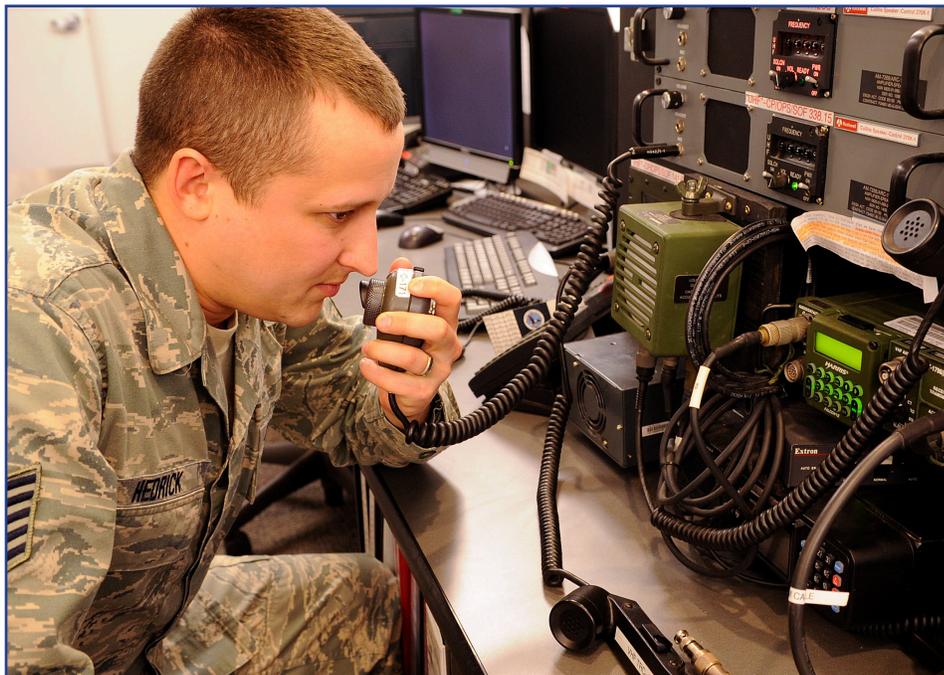


Photo by: MSgt. Elizabeth Holliker
Tech. Sgt. Bruce Hedrick, a command post report NCOIC with the 180th Fighter Wing, Ohio Air National Guard, Swanton, Ohio tests a UHF/VHF/SATCOM radio. This radio allows command post personnel to speak to airborne pilots in both secure and non-secure capacities. The SATCOM capability of the radio allows world-wide communication with airborne pilots. .

post directly contributed to the 180th Fighter Wing being the first ANG wing to score the title of 1st Air Force ACA Unit of the Year two consecutive years in a row in 2010 and 2011. As a command post controller, Hedrick is an integral part of these accomplishments.

Though 2011 panned out to be a highlight for Hedrick, he has had anything but an ordinary military career, filled with multiple milestones and accomplishments in 10 short years.

An Ohio native who graduated from Elyria High School, near Cleveland, Hedrick attended the University of Toledo majoring in computer science before enlisting into the Active Duty Air Force in 2002, as an aerial cryptologic linguist. In 2003, Hedrick transferred to the 180th Fighter Wing as a traditional guardsman visual information specialist before retraining and accepting a full-time position in the 180th FW command post in 2008.

Even early on as a visual

information specialist, Hedrick continually demonstrated initiative, technical expertise and knowledge in this career field beyond his years. These are attributes that aided in his selection for a short tour to Al Dhafra Air Base, United Arab Emirates in 2004. Filling a position above his rank and skill-level, as a graphic artist, Hedrick provided not only visual information support to the deployed wing, he also assisted the public affairs office in VIP and media escort duties. He took it upon himself to learn the fundamentals of photography and videography to better support the wing.

“The deployments certainly stand out in my career,” said Hedrick. “Those are the times when you build camaraderie and trust with your peers.”

Following this successful deployment, Hedrick was selected by the Visual Information Functional Area Career Field Manager

See SCORES pg. 10

180th FW wins back to back ACA unit awards

By Airman 1st Class William Winston
Public Affairs Specialist

The 180th Fighter Wing walked away with the Unit of the Year Award for the second consecutive year at the 1st Air Force Aerospace Control Alert Awards banquet in March. Tyndall Air Force Base, Fla. hosted this event.

Additionally, Tech. Sgt. Bruce Hedrick, a command post controller 180th FW, was awarded ACA Command Post Controller of the Year and Lt. Col. Timothy Moses, 180th Operation Support Squadron commander, received the ACA Pilot of the Year.

Moses said that his award was a Wing award because there is no way he could have earned it without the support of the entire 180th FW organization.

“What made our unit stand out, more than anything else, were the members of our unit,” said Lt. Col. Deron Reynolds, 180th FW ACA commander. “We have talented people who were able to, upon request of the 1st Air Force, go to other units to help them enhance or develop their alert mission in operations and maintenance. When one unit goes to help another unit the word gets around.”

In 2008, the 180th FW joined the 1st Air Force ACA mission. The mission serves as a component of the North American Aerospace Defense Command, a United States and Canada bi-national organization commonly known as NORAD. It provides coverage for the Continental NORAD Region or CONR.

A collaboration with homeland defense, security, and law enforcement partners, the primary mission of NORAD is to prevent air attacks against North America by safeguarding the sovereign airspaces of the US and Canada. This mission also includes responding to unknown, unwanted and unauthorized air activity approaching and operating within these airspaces.



Photo Courtesy of the Air Force
From left to right: Maj. Gary Bentley, wing executive officer; Lt. Col. Tim Moses, operations support squadron commander; Col. Steve Nordhaus, wing commander; Tech. Sgt. Bruce Hedrick, command post controller and Chief Master Sgt. Scott Boyer, Aerospace Control Alert chief of enlisted maintenance.

Reynolds added that when the country is depending on you at a moment's notice, to put a couple of armed jets airborne and defend the country, everyone has to understand that the mission must come first.

“I don't think you can do this mission without putting service before self because it is a 24/7 mission,” said Reynolds.

“There are a quite a few folks that have made personal sacrifices to make the mission strong,” said Moses. “Working nights, weekends, birthdays, holidays and anniversaries to get the job done.”

Reynolds continued, the core value of excellence in all we do best described the ACA unit here because of its consistent success.

“When we stood up this mission, we compiled all best practices we could find from other units and it has paid off,” said Reynolds. “We have become a model for other units such that they use our pro-

grams and procedures as a benchmark for their own. This is why we have representatives in every discipline so we can proudly display and send them to other units.”

“In the fall of 2011, we helped ACA units across the country by standing up one ACA unit and assisting two other units to successfully complete their NORAD Alert Force Evaluations or AFE,” said Moses. “Basically, we helped them establish their policies and procedures for their ACA mission by sharing our successful practices.”

Last November, the command of the ACA unit changed from Moses to Reynolds after Moses accepted a position as commander of the Operations Support Squadron at the 180th.

“The challenge will be staying at the top, but we will do a do great job at continuing to succeed as a wing under Col. Reynolds’

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The birds and the bees

by Senior Airman Amber Williams

Public Affairs Photographer



180th Fighter Wing members, also known as the Stingers, visit Reserve Officer Training Corps from Bowling Green State University, home of the Falcons, to conduct a basic weapons familiarization class. 180th SFS personnel have been working with BGSU ROTC annually to provide this training to cadets in efforts to better prepare the cadets for future officer training courses. Throughout the class, cadets get the chance to touch, practice proper stances and aiming techniques, assemble and disassemble weapons including M4, M16A2, M240, M249 and the 9mm.

ESTATE PLANNING:

Are you ready?

By Master Sgt. Pamela Thibert
180th FW Legal Office

Death is inevitable, sooner or later you are going to die. Before you do, you should put your affairs in order. You do so by estate planning, a process of building your estate, conserving and using it while you live and transferring it as you wish when your time comes.

Most military members use a will to indicate who inherits belongings, how and when, as the main estate planning document. Did you know your estate plan may require more than just a will? For example, it may also guide the use of your estate if you are absent or unable to manage it, coordinate life insurance policies and survivor benefits, express your funeral preferences, and more. What is “right” depends on your situation, personal goals and objectives. Remember, however, that your situation may differ and you should discuss it with your attorney to decide what is right for you. Of course, your spouse should also have an estate plan.

What is estate planning?

Estate planning is a process of making decisions during your lifetime about the use, maintenance, and disposal of your real estate, investments, social security, cash, life insurance, and business interests. It involves accumulating wealth during your life and disposing of it when you no longer want it or after you

die. When done well, it protects your beneficiaries from a legal headache after you die.

Why should I plan my estate?

Planning gives you peace of mind. Your desires are recorded and your property will be disposed of as you want. Without a will, years could pass before your property is awarded to your heirs, or it could be transferred and distributed in ways you do not want. A well-designed estate plan can save you and your heirs money, provide for children of previous marriages, nominate a guardian for minor children, and establish a trust to preserve your assets for minor children until they reach the distribution age you set in a trust. A coordinated estate plan considers your Servicemen’s Group Life Insurance (SGLI) beneficiary designation with any commercial life insurance policy you may have. It anticipates a possible incapacity and memorializes your desires on medical care in the event of a terminal condition.

Do I need an estate plan?

Almost everyone does regardless of wealth. Estate planning can be critical to the health, security, and welfare of your loved ones. It is one way to ensure that your wishes will be carried out after you die. Set up an appointment through the base legal office if you have any questions. This is one of your benefits as a service member, so take advantage of it!

Compliance Inspection: The Key Priority

By Lt. Col. Timothy Moses
180th Operation Support Squadron commander

Here are a few keys to successfully preparing and completing the upcoming Compliance Inspection:

- 1.** Know your job and responsibilities in accordance with AFIs, ANGIs and DOD instructions and directives.
- 2.** Contact your ACC/CI points of contacts listed on the ACC/IG website (CAC card required).
- 3.** Complete your self-inspection checklists in the Management Internal Control Checklist, or MICT database. Be sure to save after inputting your data.
- 4.** Contact your counterparts at Jacksonville, New Orleans and Montgomery for details from their past in-

spections. Those units may be able to provide you with successful programs and documents, in turn keeping you from reinventing the wheel.

- 5.** Schedule a Staff Assistance visit early enough that you can make recommended adjustments, corrections or changes and implement prior to the CI.
- 6.** Identify and fix all shortfalls and issues within your sections.
- 7.** Ensure you are working on your ERM and file plans. Work with your sections assigned 3D0X1 or Master Sgt. Ferrari at 419-868-4219.

For questions, suggestions, concerns or assistance in preparing for your CI, contact Lt. Col. Tim Moses at 419-868-4303.

We didn't start the fire!

From the 180th Fire and Emergency Services

Did you know that on average, fire departments in this country respond to over 8,200 fires every year caused by charcoal and gas grills. These fires result in an average of 15 deaths annually, 120 injuries, and over \$75 million dollars of property loss.

Please remember that propane tanks contain flammable pressurized gas and that propane and charcoal result in open flames. Often times we place these things next to our house and loved ones. Therefore, grilling safety should not be taken lightly and we should take time to review the following tips.

If you are like many people and didn't stop grilling over the mild winter, still take time to think about the recommendations in this article for your spring and summer grilling. As the temperature outside rises so does the amount of time spent at the grill!

Before grilling for the first time every year, thoroughly inspect your grill to ensure it is in perfect working order. This is especially true if your grill was stored outdoors for the winter, the elements can take toll on your equipment. If you're using a propane grill, use some soapy water in a bottle to spray down the

fittings and hoses. If there are any leaks in the system, you will see small bubbles starting to form. Fixing these will not only make your grill safer but will also save you money on propane in the long run.

Next, think about the location where you store and use your equipment. It is generally safe to store your grill next to your house, but remember to move it a safe distance away when you're about to cook. Also, make sure that there is nothing above the grill. Heat can travel a surprising distance upwards and could ignite overhead wires, tree branches, and awnings. Never grill in your garage this can cause unsafe levels of carbon monoxide to build up, or worse, start a fire. Always keep the lid open when you are trying to light your gas grill otherwise it could go BOOM!

If you are using charcoal and lighter fluid, make sure that the lighter fluid is closed and away from the grill prior to lighting the charcoal. When you're done grilling make sure that the coals are cold to the touch prior to disposing of them. And finally, watch out for children and pets. Grills get extremely hot on the outside and can cause significant burns.

Have a safe and fun grilling season.

We have a Choice

*By Chaplain Capt. Peter Drury
180th Fighter Wing Chaplains office*

We always have the power to choose our attitude. Prisoners of war find fresh power for living when they make this realization. I have to remind myself sometimes that I have this choice.

There was a job I hated when I was growing up. One day, my father said, "Today you have to shovel the pits. But you have a choice. You can either enjoy it or not enjoy it." In other words, since I was going to have to do the job, I might as well choose to enjoy it. I've never forgotten that. Thanks, Dad.

Most days I can't believe I'm getting paid to "work," but every once in a rare while, my job stinks. Something I'm not good at, something I don't enjoy. It's on those days that I have to choose an attitude that isn't coming naturally. Faith is the ability to reach down and find a greater joy or purpose to what we're doing. It's there. Sometimes I think of a verse that says, "For the joy set before him, he endured the cross." So when you're having one of those days, reach down to find the greater joy, the greater meaning and purpose to what we're doing.

We're all in this together. And we have a great family creating a great working environment. Have a great weekend!

Don't let the bed bugs bite

From the 180th Public Health Office

Bed bugs are a new and emerging problem in the US. Recently, a lots of hotels, motels and nursing homes in Ohio have had bed bug infestations. It is a significant risk in Toledo. The good news is bed bugs are not thought to spread disease. The bad news is you can bring bed bugs home to your house or apartment. They hide during the day and come out to feed on your skin at night. Bites are red and swollen like flea or mosquito bites but may take several days to show up.

The best way to prevent bed bugs is to look for

them. When you get a hotel room, you need to check the bed. Check the sheets and especially the mattress welting or seams. Bed bugs are a copper colored flat bug just smaller than a watermelon seed. Bed bug feces are dark red pepper-like specks. They are easy to see on white sheets and mattresses. If you find any bed bugs notify the hotel staff and get another room. Also, notify the 180th Public Health office, 419-868-4286.

New 180th Airmen

Dylan Coy, AMXS
Joshua Miller, AMXS
Joshua Wakefield, AMXS
Kevyn Waite, AMXS

Retirements

Lt. Col. Christy Rowzee, FSS
Chief Master Sgt Lee Burgy, FW
Tech. Sgt. Shawn Glass, MDG
Tech. Sgt. Anthony Smith, SFS

Promotions

To Lt. Col.:

Ronald Schaupeter, 112FS

To Major:

Linda Mossing, CF

To Captain:

Melanie Grosjean, FSS
Andrew Warburton, MDG

To Master Sgt.:

Justin Brinkman, MSG
Marc Robertson, SFS
Craig Rothenbuhler, AMXS
Eric Shafer, AMXS

To Tech. Sgt.:

Jason Bender, AMXS
Dean Carder, AMXS
Paul Dittman, AMXS
Jodi Joice, FSS

Tech. Sgt. Cont.:

Todd Marte, AMXS
Michael Przysiecki, AMXS
Steven Wright, AMXS

To Staff Sgt.:

Jared Fox, LRS
Valerie Goodman, LRS
Joshua Hartle, SFS
Krista Meeks-Jones, CF
Matthew Snyder, MXS

To Senior Airman:

Raymond Adams, MXS
Brandon Nagley, MXS
Joseph Wernert, AMXS

CCAF Degree Graduates

Staff Sgt. Brooke Bostelman, FSS

Human Resource Management

Staff Sgt Bradley Cousino, MDG

Health Care Management

Master Sgt. Eric Driftmyer, MXS

Aviation Maintenance Technology

Staff Sgt Kyle Dussel, SFS

Criminal Justice

Staff Sgt Craig Kempton, FW

Avionic Systems Technology

Staff Sgt Nicholas Krauss, OSF

Weather Technology

Tech. Sgt. Jason Mims, FSS

Human Resource Management

Senior Airman Adam Peck, CES

Fire Science

Staff Sgt Stephen Redick, AMXS

Aviation Maintenance Technology

Master Sgt. Jacqueline Vettraino, FSS

Restaurant, Hotel and Fitness Management

Master Sgt. Robert Vossen, OSF

Aviation Management

Staff Sgt Ashley Young, MDG

Aviation Maintenance Technology

Staff Sgt Andrew Youngberg, MXS

Aviation Maintenance Technology

Senior Airman Zachary Zedella, MDG

Cardiopulmonary Laboratory Technology

CDC 90% CLUB

Congratulations to the following individuals who passed their CDC end of course exam with a score of 90% or higher:

Name	CDC	Unit
Master Sgt. Jamie Brown	SNCOA PME 14C	DP
Capt. Brian Cherolis	SOS PME 20B	112 FS
Senior Airman Kevin Davis	CDC 3D153N	CF
Master Sgt. Timothy Golden	SNCOA PME 12G	MXMC
Senior Airman Brandon Neilson	CDC 2W0510	MXMW

CLEP TESTING COMPLETION

Congratulations to the following individuals who have successfully passed their respective CLEP exam. The CLEP exam results will be applied toward his CCAF (Community College of the Air Force) degree. For more information on obtaining a CCAF degree, please contact the Force Development Office (ext. 4175, 4182 or 4344).

Name	CLEP Exam	Unit
Senior Master Sgt. Robert Atherton	DSST Principles of Supervision	MXOOM
Staff Sgt. James Trevino	DSST Principles of Public Speaking	CEF

From SCORES pg. 4

at the National Guard Bureau to perform two stat tours. In 2005, Hedrick provided direct support for the National Guard hurricane response, building status briefings for NGB senior leadership highlighting the current and future operational picture of the National Guard's response and involvement with hurricanes Katrina, Rita and Wilma.

In 2006, Hedrick began his second, 17-month tour working at the NGB with the career field manager as a liaison between 88 ANG field units and the career field manager during the ANG multimedia and public affairs merger.

"I learn something new every day, but the biggest learning curve I've had thus far was when I was on a title 10 tour as a senior airman at the National Guard Bureau working for the Audiovisual FAM," Hedrick said. "It was a fast-paced environment and certainly pushed me."

Hedrick is the first in his family to pursue a career in the military, but the family and teamwork oriented atmosphere that he has discovered while serving has been one of the most enjoyable aspects to date. "When push comes to shove, we have each other's back and strive to succeed and this has been evident during our recent inspections," said Hedrick.

Though Hedrick's motto is to "Lead from the Front," that same family and teamwork atmosphere that his peers and leadership have shown him is what

From AWARDS pg. 5

leadership," said Moses.

Reynolds added that the ACA unit will continue to do the same excellent work they have done in the past because there are key individuals in this unit who have made this mission a high priority, such as Moses, Hedrick and Senior Master Sgt. Steven Groner, ACA production superintendent.

"These individuals have inspired others to raise their game as far as meeting the requirements of the mission," said Reynolds.

Moses said that his personal accomplishment was a culmination of the hard work and dedication of the entire wing. Also, it was a tribute to the support that the ACA unit has received for the last three and a half years.

"It was a privilege to be the commander of the best ACA unit in the nation," said Moses. "This was by far, one of the best jobs of my career."

For more information on ACA and NORAD, visit NORAD's website, www.norad.mil



Photo by: MSgt. Elizabeth Holliker

Tech. Sgt. Bruce Hedrick, tests a UHF/VHF/SATCOM radio. This radio allows command post personnel to speak to airborne pilots in both secure and non-secure capacities. The SATCOM capability of the radio allows world-wide communication with airborne pilots.

he credits his success to. He mentions that there isn't one single person that has helped to shape his career, but that all supervisors and officers that he has worked with have helped him along his path in different ways.

In order to begin and maintain a successful military career, Hedrick advises every young Airman to find a mentor early on. He has had many mentors over the years, but two stick out in his mind.

"I've had two supervisors in my career that have had pretty serious health issues," Hedrick explains. "They continued to show up to work,

when able and not let their issues become distractions. It was an eye opening situation both times and made me realize that if they can continue to work while dealing with their health issues, I certainly had no excuses."

Continuing in that fashion, Hedrick recently completed the Noncommissioned Officer Academy at McGhee-Tyson Air National Guard Base, Tenn., while simultaneously working toward the completion of his undergraduate degree in information technology. He is enrolled at the American Military University and plans to graduate in 2013 while continuing his full-time position in the command post.

Next up, Hedrick is hoping to apply for and be accepted into the Joint Senior Noncommissioned Officer Academy and possibly enroll in a master's degree program.

Great lunch, great price, great cause!

The NCO Club will be hosting a special Cinco de Mayo lunch this Sat., 5 May with a portion of the proceeds being donated to the 180th FW Airman and Family Readiness Program.

Volunteers at the Club will be serving two tacos, rice, beans and a soda for \$5. Extra tacos will be available for an additional \$0.75 each.

The Club hosted a lunch special for St. Patty's day, serving traditional Irish food. Investing \$297.00, 52 lunches were served, bringing in \$312. Though a profit of only \$15 was made that day, the Club still donated \$50 to Family Programs.

Stop out this weekend to get a great lunch at a great price and help out one of the most important programs on base. The more meals served, the larger the donation!