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COMMANDER'S COMMENTS

2012: ANOTHER OPPORTUNITY TO SUCCEED

Stingers, welcome to 2012 and another opportunity for us to succeed together. This year includes a Red Flag exercise at Nellis Air Force Base, Nev., our trip to Alpena Combat Training Readiness Center, Mich., at the end of June to practice our war skills, and a compliance inspection by ACC IG during the week of October 12-17. Success in these events will require all of our efforts and focus, but if we work hard, stick together and attack the problems one-by-one, we will complete each event and be stronger as a wing. With our successes in 2010 and 2011 it is easy to begin reading our own press clippings and/or get "drunk on our own whiskey" as General Wyatt says. In order to continue to succeed we need to remain focused on the great things that got us here, make smart changes as they are necessary, and give our best effort to the wing and nation every day. I would like to take the remainder of this article to turn our attention to ethics.

As Air Force Airmen we have a core value of integrity. Integrity means consistency of actions, values, methods, measures, principles, expectations and outcomes. Integrity is having the quality of possessing and steadfastly adhering to high moral principles or professional standards. In ethics, integrity is regarded as the honesty and truthfulness or accuracy of one's actions.

History is filled with individuals that bought into their own greatness, "who read their own press clippings" and lost their integrity and ethical focus and eventually lost everything. For any organization to succeed and to continue to success in the future, it has to achieve and continue to achieve those earned accomplishments by doing the right thing! Accomplishments



Col. Steven Nordhaus
180th Fighter Wing
Commander

achieved through unethical means aren't an accomplishment at all; it is lying, cheating or stealing. As members of the 180 Fighter Wing, we must continue to maintain our moral courage and always do the right thing for the right reasons. We must prioritize doing the right thing as more important than cutting a corner to achieve a perceived short term success because in the long run it hurts all of us. This thinking also leads ourselves and those around us into believing these indiscretions are OK and "Not a big deal!"

As members of the 180 FW, Air National Guard and Air Force, we all have a sworn duty to raise our hand and tell someone when things don't look or smell right. We need to ask ourselves as we make ethical decisions:

1. If everyone knew I made this choice would I still be proud of it?
2. Is this a "me" thing or a "we" thing? (Does my decision benefit the organization?)
3. Would the taxpaying public support how I'm using their funds?

We have a long history at the 180 FW of proudly serving our nation. And the military as a whole has earned the highest level of confidence of any large organization by the American public because of our professionalism and ethical decision making, according to the Gallup Poll 2011. The 180 FW is surely on the road to continuing that tradition and I write about this ethical topic only as a reminder to make sure we don't take our eye off the ball. Thanks for your continued service and highest ethical standards and decision making!

'BOSSLIFT' JOINT EMPLOYER EVENT

Maj. Bentley is accepting nominations for a "bosslift" joint employer event which will be held on 28 Apr 2012. This "bosslift" involves employers touring our base and then flying via Chinook helicopter to Camp Perry to tour its facilities. This event will include employers of Army Guard members from Camp Perry and employers of 180th members. Seats are limited and this is an awesome opportunity to reward your employer for their support of your Guard commitment. Maj. Bentley will be emailing information to all members. Please consider nominating your employer.

AIR NATIONAL GUARD BAND OF THE GREAT LAKES TO BE DECOMMISSIONED AFTER 90 YEARS OF SERVICE

by Airman 1st Class William Winston
Public Affairs Specialist

The Air National Guard Band of the Great Lakes, which has been in existence since the 1920s, will be decommissioned in 2013 as part of a decision to consolidate Air Force bands across the country, Guard officials said recently.

The Band of the Great Lakes -which is more commonly known as the Triple Nickel from the days when it was named 555th Air Force Band - has existed well before the Air Force became a separate branch of the armed services.

For nearly 90 years has been a symbol of professionalism and a source of excellent community relations.

"The historical facts about the band have been passed down through the years," said Air Force Master Sgt. Matthew Wittman, a tuba player in the band.

Wittman said the band's original roots began in April 1923 when the Army's 148th Regiment Band was formed. Later the 148th Regiment Band was renamed the 148th Infantry Band. The band's home station was in Toledo, Ohio.

The 148th Infantry Band joined other military bands from Ohio to serve in the Pacific division in World War II. After completing their missions they all split up.

After World War II, the original members of the 148th Infantry Band sought to create a new band to bring the band members back together. In 1948, they received permission from the state of Ohio to form an Air Force band in Toledo. The new band was designated the name 555th Air Force Band.

In 2003, the Ohio ANG assigned the band new areas of responsibility. It became responsible for performing band functions in Indiana, Kentucky, Michigan, Ohio and West Virginia. This is when the band received the name ANG Band of the Great Lakes.

"The main focus has been community relations and military functions as well as deploying with and augmenting active duty units," said Senior Master Sgt. Philip Smith, trombone player and superintendent of the ANG Band of the Great Lakes.

Smith said all members of the band are traditional Guard members; therefore they invest a lot of their personal time in order to accomplish their mission at a high level.

"We have people fly in from Florida, Arizona, and New York," Smith said, explaining that some band members fly from other states in order to fulfill their commitment to the band.

The band serves many musical functions, performing as a rock band, jazz band, a jazz combo band, brass quintet, woodwind quintet and a ceremonial band.

Additionally, Smith said the band runs their own sound equipment at performances as well as driving the trucks that transport band equipment.

Wittman described one of his fondest memories of being a member of the band was when it deployed to Hungary in August 1998.

Deploying 38 performers and four support personnel to Hungary, the group was teamed up with a Hungarian army translator and the group gave eight performances in six different cities.

Also, Smith said the band has deployed to England and Iraq in similar capacities.

"We are in the people business," Smith said. "We are in the business of building support for the military."

Furthermore, he said the impact of the band does not show up as a statistics or budget sheet.

It is exemplified when veterans are brought to tears at a performance because the music reminds them of their time in the military, or when deployed service members get a taste of home from the band's musical performances.

Smith added that another difficult part of the decommissioning is the personal connections the band members share with each other.

"You cannot get much tighter as a unit than you are in the band. Having the musician aspect in



Photo by Senior Airman Amber Williams, Public Affairs

Members of the Air National Guard's Band of the Great Lakes - more commonly known as the Triple Nickel from the days when it was named 555th Air Force Band. The Triple Nickel, which has been in existence since the 1920s will be decommissioned in 2013.

WING SAFETY AWARD PROGRAM RECOGNIZES FIRST RECIPIENT

by **Tech. Sgt. Joseph Carter**,
Fighter Wing Safety Office

The 180th Fighter Wing Safety Office would like to congratulate Chief Master Sgt. Scott Boyer on being the first award recipient under the new Wing Safety Awards program. Chief Boyer was recognized by Col. Scott Reed, Maintenance Group commander, and Lt. Col. Kevin Kelly, Chief of Safety, at the Maintenance Group formation Sunday of Dec. UTA.

The 180th FW Safety Office has introduced a new Wing Safety Awards Program to officially recognize those individuals who demonstrate impressive attention to workplace safety. This program is implemented through Wing Instruction 91-203 and it will be available on the Stinger portal forms & pubs. There are five levels of recognition in the new awards program. They are as follows; Outstanding Individual Quarterly Safety Award, Outstanding Individual Annual Safety Award, Outstanding Section Safety Award, Outstanding Section Safety Recognition and Outstanding Wing Safety Award.

Chief Boyer received the award while performing duties as the 180th FW Aerospace Control Alert superintendent. On the 28th of September during aircraft launch operations, Chief Boyer recognized there was an aircraft gun system being armed while still on the aircraft parking ramp. This is a non-standard procedure and is only accomplished with the Wing Commander's approval due to the potential for the gun firing during

the arming sequence and associated danger to personnel. In this instance approval was obtained through the proper channels; however the procedure information never reached ACA personnel. Without the knowledge of the non-standard approval, Chief Boyer properly and immediately stopped the arming and directed the aircraft to the arm/de-arm area to complete the arming process. Risk to ground personnel was thereby significantly reduced and a potentially hazardous situation averted. Events like this show great professionalism and embody the Air Force core values. Chief Boyer could have just assumed that there was authorization for arming on the ramp, but instead took action that demonstrated integrity and excellence. So, please join the Safety Office in congratulating Chief Boyer!

Safety is an important part of our mission at the 180th Fighter Wing. Our fellow employees Wing wide have made it a priority to create a safe working environment. This is evident through all of the great accomplishments we have achieved together. First and foremost our people, as a wing we have only had one lost work day mishap in the



Photo by Capt. Kimberly Christman, Maintenance Group

Chief Master Sgt. Scott Boyer (pictured right), Aerospace Control Alert, is recognized by Col. Scott Reed (not pictured), Maintenance Group commander, and Lt. Col. Kevin Kelly (pictured left), Chief of Safety, as the first award recipient under the new Wing Safety Awards program at the Maintenance Group formation of December UTA.

last 12 months and only one equipment damage mishap in the same amount of time. This is a phenomenal achievement for the base. This reflects the high level of professionalism present and respect for one another.

PROMOTIONS

To Col.
William Giezie, MSG
Scott Reed, MXG

To Tech. Sgt.
Jason Klocinski, SFS
Catherine Lewis, MG
Stephanie Smiddy, MG

To Staff Sgt.
Nathan Cordy, SFS
Angela Delgado, MG
Sarah Hinds, OSF
Nathaniel Sahdala, SFS
Michael Sperry, SFS

To Senior Airman
Nicholas Neal, MXS
Joseph Pyle, SFS
Jessica Thebeau, MXS

A LOCAL HERO REMEMBERED 20 YEARS LATER

by Lt. Col. Chris Belli and Master Sgt. Beth Holliker
180th Fighter Wing



Photo by Master Sgt. Elizabeth Holliker, Public Affairs

Lt. Col. Tim Moses, 180th FW Operations Support Squadron Commander, presented Walter Young with an Air Force flag in honor of Young's son, Lt. Mike Young. Moses carried with him an American flag and a United States Air Force flag and flew up the coast of Lake Huron and over the crash site, where a memorial in Lt. Young's name now stands. 180th Fighter Wing members, along with family and friends of pilot, Lt. Mike Young gathered for a small memorial honoring the pilot, 20 years after Young died when his A-7 Corsair crashed during a routine training mission. The group gathered at the 180th Fighter Wing, Ohio Air National Guard Base, Swanton, Ohio, Nov. 30.

survived by his wife and daughter, who was just two months old at the time of the crash.

Twenty years later, Nov. 30, 2011, members of the 180th Fighter Wing, past and present along with friends and family of Lt. Young gathered at the 180th in Swanton, Ohio, to honor and remember this fallen hero. In attendance were Young's parents, sister, brother-in-law, nephews and several friends.

The group spent the day sharing stories and memories of Young's life growing up and his love of flying. They were treated to a tour of the base before heading out to the flightline to watch the unit's F-16 pilots perform the same daily pre-flight procedures and rituals similar to those Young performed himself prior to taking to the skies for training missions. The mission on this day was not just for training, it was for Lt. Michael Young and his family.

To mark the 20th anniversary of Lt. Young's passing, Lt. Col. Tim Moses, 180th FW Operations Support Squadron Commander, carried with him an American flag and a United States Air Force flag and flew up the coast of Lake Huron and over the crash site, where a memorial in Lt. Young's name now stands. The Air Force flag was presented to the Young family in honor of their sacrifice all of those years ago.

The American flag will be presented to the members of Amvet Post 115 on behalf of the 180th FW for their unwavering support of the Young family and for keeping the memory of Lt. Young alive for the last 20 years. The Amvets maintain the modest memorial in Young's honor and conduct a small ceremony each Memorial Day, near Port Hope, MI., ensuring that he is a hero not to be remembered every 20 years, but every day, forever.

This is the time of year when we traditionally give thanks and celebrate our many blessings while preparing and planning holiday gatherings with family and friends. For the members of the 180th Fighter Wing and the family and friends of Lt. Michael Young, this is also a time of remembrance and reflection.

Young, 28, a pilot from Perrysburg, Ohio who returned from pilot training in April 1991, was killed during a routine training mission over northern Lake Huron coast, Michigan, Nov. 30, 1991. He was assigned to the 112th Fighter Squadron, part of what was once known as the 180th Tactical Fighter Group. He had been a member of the Ohio Air National Guard since 1982.

It was a typical early winter day in Northwest Ohio, cold and windy when Young stepped out for a regularly scheduled day of training in an A-7 Corsair II. During the routine mission, the aircraft became disabled, causing Young to eject. The aircraft impacted into a wooded area near Port Hope, Michigan, but Young, swept by 50 mph winds, landed in the frigid 38 degree waters of Lake Huron

Multiple rescue attempts including aircraft and boats failed as a result of the treacherous weather conditions. His body was never found and he was presumed drowned. Lt. Young was

RETIREMENTS

December:

Command Chief Master Sgt. Michael Haas, OSF
Chief Master Sgt. David Parker, FW
Master Sgt. Robert Morrow, CF

(Dec. cont.)

Master Sgt. Michael Newberry, MXM
Master Sgt. Michael Walsh, MXM

January:

Tech. Sgt. Jason Gongwer, LRS

180TH RECOGNIZES OUTSTANDING AIRMAN

Company Grade Officer of the Year

Capt. Chantel Mossing joined the 180th Fighter Wing in June 2010 as the Communications Flight Commander. She is a 2002 Graduate of Texas Women's University with a Bachelors of Science in Computer Science and a 2004 Graduate of Touro University International with a Master's of Science in Information Technology. She was commissioned through the Air Force ROTC program at University of North Texas in 2002. Capt. Mossing came to the 180th from Active Duty where she served at Joint Forces Command as a Global Command and Control Watch Officer and a Flag Officer Traveling Communications Team officer in charge and followed by the Network Branch OIC at Langley Air Force Base. Since joining the 180th Capt. Mossing and her team have had many successful achievements. They have converted an antiquated tape drive system to a state of the art tapeless system, resulting in much higher reliability rate for the wing's data. Her team became one of the first guard units to fully implement the Nortel telephone switch, and became the subject matter experts in doing so. The switch allows expanded telephone communication abilities as well as the infrastructure to implement Voice Over Internet Protocol (VOIP). The 180th Fighter Wing has also become the first base in the Air Force to implement Beyond Line of Site communications for the Air Control Alert mission. This capability allows our pilots to engage in targets at a lower altitude while maintaining command and control contact. Capt. Mossing's team also fully installed and implemented Generation III wireless. This capability allows full wireless coverage for the base as well as enhanced aircraft and munitions maintenance and tracking. Capt. Mossing lives in Holland with her husband and two children.



Photo by Master Sgt. Elizabeth Holliker, Public Affairs
Capt. Chantel Mossing

First Sergeant of the Year

Senior Master Sgt. John C. DeRaedt is currently the First Sergeant for the 180th MXS, 180th Maintenance Operations Flight and 180th Fighter Wing Maintenance Group, Ohio Air National Guard, Swanton, Ohio. Senior Master Sgt. John C. DeRaedt was born and raised in Toledo, Ohio and in February of 1986, prior to graduation from high school, enlisted in the United States Air Force, Ohio Air National Guard. In July of 1986, Senior Master Sgt. DeRaedt graduated from Basic Military Training at Lackland Air Force Base, San Antonio, Texas. He immediately started training at Keesler Air Force Base, Biloxi, Mississippi for the Electronic Warfare System Specialist carrier field. Upon completion of training, Senior Master Sgt. DeRaedt worked in the 180th ECM Shop maintaining the systems on the aircraft and ALQ-119 Radar Jamming Pod and later trained to maintain the ALQ-131, and ALQ-184 electronic countermeasure pods currently being flown on the F-16 platform. In addition to his duties as an Electronic Warfare System Specialist, Senior Master Sgt. DeRaedt continuously volunteers and receives training, maintaining his qualifications for a multitude of additional duties including Crew Chief augmentee, Security Forces augmentee, fuel tank build-up team for the F-16, crash recovery team, Operational Readiness Inspection Matrix, EOC, and Exercise Evaluation Teams. In November of 2007, Senior Master Sgt. DeRaedt was selected as the First Sergeant. Senior Master Sgt. DeRaedt has deployed with the 180th Fighter Wing as an Electronic Warfare Systems Specialist to Sculthorpe, England, multiple times to Incirlik AB, Turkey and Al Jabber AB, Kuwait in support of joint operations including "Operation Provide Comfort", "Operation Northern Watch" and "Operation Southern Watch". He served as First Sergeant on the 180th FW deployment to Nellis AFB, Nevada for Red Flag. Senior Master Sgt. Sgt. DeRaedt holds a CCAF degree in Applied Science, Avionic Systems Technologies, a CCAF degree in Human Resource Management, and a Bachelor of Science in Computer Science. In the civilian sector, Senior Master Sgt. DeRaedt is the owner of a software consulting firm he founded in 2001. He lives in Toledo with his wife of 22 years and their 10 children.



Photo by Master Sgt. Elizabeth Holliker, Public Affairs
**Senior Master Sgt. John C. DeRaedt
Maintenance Group First Sgt.**

Senior NCO of the Year

Master Sgt. Pacewicz grew up and attended school in Toledo, Ohio graduating in 1992. In April of his senior year in high school, Master Sgt. Pacewicz enlisted in the Air Force through the delayed entry program. He entered active duty in September 1993 serving on active duty for four years and nine months. During this time Master Sgt. Pacewicz attended Basic Military Training School at Lackland AFB, TX, Security Specialist School at Lackland AFB, TX, and Ground Base Defense course at Ft. Dix, NJ. In June 1998, Master Sgt. Pacewicz was honorably discharged from the active duty Air Force and immediately enlisted in the Ohio Air National Guard. He has spent his entire ANG career at the 180th FW, Swanton, Ohio. His positions at the 180th include Apprentice Firefighter, Journeyman Firefighter, Craftsman Firefighter, Fire Apparatus Driver/Operator, Fire Apparatus Crew Chief, and Fire Department Station Captain. Master Sgt. Pacewicz is currently assigned as the Assistant Fire Chief of Operations, 180th Civil Engineering Squadron. In this capacity, he is responsible for the direct supervision of ten traditional firefighters. His additional duties with the 180th CES include Unit Career Advisor, Unit Health & Fitness Monitor, and Unit Deployment Manager. In these capacities, Master Sgt. Pacewicz is responsible for 49 CES personnel. For the last six years Master Sgt. Pacewicz has worked as a Firefighter/EMT for the 180th Fire Department at Swanton, Ohio. He is also a certified fitness trainer for the department through the American Council of Exercise. Master Sgt. Pacewicz is very active in his church and community. He is a member of St. Joseph's Catholic Church. He currently volunteers at Eastwood High School on football Fridays to work in the concession stand. He has volunteered numerous hours at Woodland Elementary to assist with special class projects. Master Sgt. Pacewicz is an American Heart Association certified cardiopulmonary resuscitation and automated external defibrillator instructor, conducting many classes for the community in his spare time. He is also a member of the American Legion Post #320, Toledo Zoo, and the National Registry of Emergency Medical Technicians. Master Sgt. Pacewicz lives with his family in Perrysburg. He and his wife of 11 years have one son.



Photo by Master Sgt. Elizabeth Holliker, Public Affairs
Master Sgt. Anthony Pacewicz
Civil Engineering Squadron

Master Sgt. Pacewicz is responsible for 49 CES personnel. For the last six years Master Sgt. Pacewicz has worked as a Firefighter/EMT for the 180th Fire Department at Swanton, Ohio. He is also a certified fitness trainer for the department through the American Council of Exercise. Master Sgt. Pacewicz is very active in his church and community. He is a member of St. Joseph's Catholic Church. He currently volunteers at Eastwood High School on football Fridays to work in the concession stand. He has volunteered numerous hours at Woodland Elementary to assist with special class projects. Master Sgt. Pacewicz is an American Heart Association certified cardiopulmonary resuscitation and automated external defibrillator instructor, conducting many classes for the community in his spare time. He is also a member of the American Legion Post #320, Toledo Zoo, and the National Registry of Emergency Medical Technicians. Master Sgt. Pacewicz lives with his family in Perrysburg. He and his wife of 11 years have one son.

NCO of the Year

Technical Sergeant Bruce T. Hedrick is a Command Post Craftsman assigned to the 180th Fighter Wing, Ohio Air National Guard. Tech. Sgt. Hedrick grew up in Elyria, Ohio and graduated from Elyria High School in 2001. Enlisted in the United States Air Force in 2002 as a Cryptologic Linguist. In 2003 he transferred to the Ohio Air National Guard as a Visual Information Specialist in the Multimedia section of the 180th Fighter Wing. Tech. Sgt. Hedrick was selected for a short tour to Al Dhafra Air Base, United Arab Emirates in 2004-2005. In 2005, Tech. Sgt. Hedrick performed the first of two stat tours at the National Guard Bureau supporting the National Guard hurricane response with hurricanes Katrina, Rita and Wilma. In 2008 he cross-trained into the Command Post where he completed Command Post technical school at Keesler AFB in Biloxi, Mississippi and became a full-time member of the Aerospace Control Alert mission with the 180th Fighter Wing. While assigned to the Command Post, Tech. Sgt. Hedrick directly contributed to the Command Post receiving a two-time superior performance team award during two separate Alert Force Evaluation inspections; a superior performance team award during the 2010 Operational Readiness Inspection; and the 2010 ANG Command Post of the Year award. Tech. Sgt. Hedrick is currently enrolled at American Military University with a major in Information Technology Management and is expecting to graduate in January 2013. Tech. Sgt. Hedrick has earned his CCAF in Emergency Management, as well as an Associate of Arts degree from Lorain County Community College. Tech. Sgt. Hedrick is active in the Ohio National Guard Enlisted Association where he is the enlisted chair of the Legislative Committee. Tech. Sgt. Hedrick is also an Ambassador with the United Way's community garden project where he is committed to helping the community have access to and understand the value of healthy foods. In addition, he has helped raise funds for the Ronald McDonald House Charities of Northwest Ohio.



Photo by Master Sgt. Elizabeth Holliker, Public Affairs
Tech. Sgt. Bruce Hedrick
Fighter Wing

Airman of the Year

Senior Airman Matthew J. Sprockett is an Operations Intelligence Journeyman assigned to the 180th Fighter Wing, 180th Operations Group Intelligence section, Ohio Air National Guard, Swanton, Ohio. Senior Airman Sprockett grew up in Cortland, Ohio and graduated from Lakeview High School in June 2006. In March 2008, Senior Airman Sprockett entered military service with the Ohio ANG's 180th Fighter Wing. He graduated as an Honor Graduate from Basic Military Training School at Lackland AFB, TX in July 2008. Senior Airman Sprockett graduated from technical training in Dec. 2008 and was recognized as a Distinguished Graduate for high academic and professional achievements. He returned to the 180th FW in December 2008 where he was assigned to the 180th Operations Support Flight as an Operations Intelligence Apprentice, supporting F-16 aircrew and base personnel. In July 2009, Senior Airman Sprockett attended the F-16 Intel Formal Training Unit at Luke AFB, AZ. Also in 2009 Senior Airman Sprockett was appointed Operations Group representative to the 180th FW Enlisted Force Advisory Council. In 2010, Senior Airman Sprockett participated in the 180th FW Operational Readiness Inspection contributing to an excellent rating for the Intelligence section. In 2011, Senior Airman Sprockett volunteered for a 6 month deployment to Afghanistan to support Joint Service Special Operations Forces. He was assigned to the Combined Joint Special Ops Task Force-Afghanistan (CJSOTF-A) at Camp Vance, Bagram, Afghanistan. From March to Sept 2011 he advised the CJSOTF-A staff on the current and future operational picture on security, development and governance. Because of his outstanding efforts, Senior Airman Sprockett was selected for the Joint Service Commendation Medal for exceptional meritorious achievement. Senior Airman Sprockett is a member of St. Robert's Catholic Church in Cortland, Ohio and active in various organizations to include The Ohio State University Student Veterans Organization "Vets 4 Vets". Senior Airman Sprockett currently resides in Columbus, Ohio where he is a full-time student at The Ohio State University with a double major in International Security and Intelligence Studies, and Criminology.



Photo by Master Sgt. Elizabeth Holliker, Public Affairs
Senior Airman Matthew Sprockett
Operations Group

Honor Guard of the Year

Master Sgt. Keith A. Czop is a Services Apprentice assigned to the 180th Fighter Wing, Swanton, Ohio Air National Guard. Master Sgt. Czop grew up in Toledo, Ohio and graduated from Waite High School in 1983. Master Sgt. Czop earned his Associate's Degree in Business Management from the University of Toledo 1992. Master Sgt. Czop enlisted into the Air National Guard January 1993, was assigned to the Military Personnel Flight until August 2010, when he transferred to the Sustainment Services Flight as a services technician. Master Sgt. Czop has participated in several overseas and in-garrison deployments. Master Sgt. Czop successfully completed Noncommissioned Officer Academy at McGhee-Tyson Air National Guard Base in Knoxville, TN in 2011. He was designated as the "Yellow Rope" student Commandant, responsible for conducting meetings, planning fitness schedules and monitoring statistics toward his flight qualifying for Honor Flight. Master Sgt. Czop is responsible for food service, and also assists behind the scenes with other administrative tasks to ensure the overall success of the Sustainment Services Flight. He worked tirelessly to ensure that dining facility equipment received badly needed upgrades and repairs. As the NCOIC of the base lodging program for outside commuters, Master Sgt. Czop ensures effective use of valuable wing resources and maintains positive and active working relationships with the various hotels to ensure quality customer service is provided to wing members. Master Sgt. Czop also volunteers for a variety of additional duties, currently acting as the primary unit deployment manager, ensuring compliance in preparation for the Phase I Operational Readiness Exercise in August, 2011. Master Sgt. Czop is the NCOIC of the Honor Guard program at the 180th Fighter Wing. His dedicated management of that program has helped the 180th Fighter Wing maintain an active and positive presence in the community. Master Sgt. Czop personally participated in 19 out of 20 Color Guard events this year. Master Sgt. Czop is married with two children. He continues to volunteer with his children's schools, the Eastern YMCA and Lilli's Dance Group.



Photo by Master Sgt. Elizabeth Holliker, Public Affairs
Master Sgt. Keith Czop
Sustainment Services Flight

180TH FW'S OUTSTANDING UNIT CAREER ADVISOR OF THE YEAR

by Master Sgt. Jaime Brown,
Retention Office Manager

Congratulations to Master Sgt. Kristin Weeman for being selected as the 180th Fighter Wing's Outstanding Unit Career Advisor of 2011! She is a two years UCA who works in the Maintenance Operations Flight to keep all Airmen informed of resources and opportunities to advance their careers and education, whether it is in the Air National Guard or civilian sector. As the UCA, she goes above and beyond in handling force management and force development by informing Airmen of retraining and promotion opportunities.

After being selected as the Outstanding UCA at the 180th Fighter Wing, Master Sgt. Weeman competed at the regional level and was selected as the Outstanding UCA for all of Region Four which includes ten states.

The Unit Career Advisor is a member of your squadron or flight who steps up to take on an additional duty ensuring members have the tools and resources available to meet their career goals and work with members to alleviate or diminish obstacles to those goals. Your UCA is available with information on many topics, including the GI Bill programs, retraining or promotion opportunities, and education benefits. Your UCA is also responsible for managing the career interviews when you enlist and prior to your reenlistment.

When asked what it means to be the UCA, Master Sgt. Weeman said, "Being a UCA means taking care of the people in your organization. If you take care of your people, they will take care of the mission."



Photo by Master Sgt. Elizabeth Holliker, Public Affairs

Master Sgt. Kristin Weeman
Maintenance Operations Flight

Chief's Award

Senior Airman Misty Goodrick graduated from Delta High school in 2001. She began her military career in 2008 when she joined the 180th Fighter Wing in Aviation Resource Management.

Airman Goodrick was a distinguished graduate of technical training at Keesler AFB, Miss. and quickly became a valued member of the 112th Fighter Squadron. She has volunteered to assist the recruiting and retention team and Fighter Wing headquarters staff throughout 2010 and 2011. Airman Goodrick has supported multiple temporary deployments and most recently was named as a superior performer for Combat Archer and Snowbird.

Airman Goodrick is currently enrolled in Airman Leadership school and is pursuing a Bachelor of Science degree in Nursing at the University of Toledo. Airman Goodrick lives in Holland with her husband and three children.



Photo by Master Sgt. Elizabeth Holliker, Public Affairs

Senior Airman Misty Goodrick
112th Fighter Squadron

RISKS FOR COLD-RELATED INJURIES

The Occupational Safety and Health Administration lists several major risk factors that can put you at higher risk.

- Wearing inadequate or wet clothing
- Taking certain drugs or medications such as alcohol, nicotine, caffeine, and medication that inhibits the body's response to cold or impairs judgment
- Having a cold or certain diseases, such as diabetes, heart, vascular, and thyroid problems
- Males are at an increased risk and suffer a far greater fatality rate than women due to body fat composition, physiological differences and inherent risk-taking activities - 26 of the 33 fatalities in 2009 were men
- Becoming exhausted or immobilized, especially due to injury or entrapment may speed up the effects of cold weather

From BAND, Page 3

the group gives us a special bond," he said. "We all love each other like a family.

"When people get in the band they stay in until retirement. Few people get out of the band after they start this career field."

After the news broke and the band members first heard the band was going away, Smith said, they were upset and sad.

"We are disappointed because we do not get to be a part of the ANG," he said. "We feel like our mission for the ANG is highly important and unique."

Wittman described the morale as being pretty high, all things considered.

Adding, that mentality is a direct reflection of



Photo by Senior Airman Amber Williams, Public Affairs

More commonly known as the Triple Nickel from the days when it was named 555th Air Force Band, the band has been in existence since the 1920s. Existing well before the Air Force became a separate branch of the armed services, the band has gone through several name changes before earning its current title as Air National Guard Band of the Great Lakes. For nearly 90 years the Air National Guard Band of the Great Lakes has been a symbol of professionalism and a source of excellent community relations.

Wittman said. "As most people know we aren't dedicated to the 180th ... but there is not a better Wing to serve for or be a family at."

the professionalism of all the band members - they figure the best thing to do is to the best job with the time that they have left.

"The group is handling this situation very professionally," Smith said. "Our plan is to go out with class. We are going to keep mission focused. We want the last memories of the 555th to be that we did our best until the end."

Wittman explained one thing that sticks out in his mind about his time in the band is the level of support that the Ohio ANG's 180th Fighter Wing has given the band.

"The support from the 180th has been simply amazing,"

CDC 90% CLUB

Congratulations to the following individuals who passed their CDC end of course exam with a score of 90% or higher:

Name	CDC	Unit
Jason Klocinski	SC0300W	SFS
Nicholas Krauss	1W071B	OSF

CLEP TESTING COMPLETION

Congratulations to the following individuals who have successfully passed their respective CLEP exam. The CLEP exam results will be applied toward his CCAF (Community College of the Air Force) degree. For more information on obtaining a CCAF degree, please contact the Force Development Office (ext. 4175, 4182 or 4344).

Name	CLEP Exam	Unit
Senior Airman Sara Hinds	DSST Principles of Public Speaking	OSF

WELCOME TO THE 180TH!!!

Michael Bratton, MXS
Patrick Carroll, CE
Devon Childress, AMXS
Gregory Corson, FW
Spencer Cupples, AMXS
Casey Foose, AMXS
Justin Guinther, St Flt
Derek Kasper, CE
Matthew Kelble, AMXS

Nicholas Lippi, MXS
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Zachary Williams, AMXS
Austin Zimmerman, AMXS
Travis Zuber, LRS

STARTING THE NEW YEAR OFF ON THE 'RIGHT FOOT'

Whatever you're planning for 2012--- a resolution, a goal, or plan, you have to start off on the right foot!

- Set realistic goals for yourself! If you want to lose weight in 2012, divide it up into small periods of time, instead of the entire year. Rather than trying to lose 15 lbs. this year, take it a week at time. Strive for 3-5 pounds the first month, and then go from there. Remember, it takes 90 days for a good habit to stick.

- Losing weight is difficult; when you do accomplish it, remember how hard it was to lose when you go for that second helping at dinner!

- Joining a gym? It is going to be crazy busy for the first couple of months in 2012, don't let that discourage you, as the months go by it will slow down.

- Overwhelmed by the equipment in the gym? Ask a trainer! They are there to assist you! Take a couple of classes or personal training sessions. There is no shame in learning how to work out correctly.

- Keep a journal! Write down everything down---how much you lifted, how much you ate, how long you ran. You can look back and see why you lost that extra 3-5 pounds in the previous month.

**Have a good 2012! Remember the more in shape you are the better you will feel, and the more energy you'll have!

STINGER

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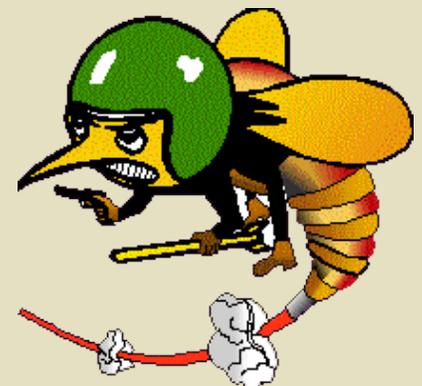
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DEADLINE

Deadline for the next Stinger is the Wed. prior to the UTA @ 3 p.m. Hand deliver articles to the Public Affairs Office in Building 114 or e-mail:
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For more information call ext. 4072 during the UTA.

ABOUT THE STINGER

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ON THE COVER

The 180th Fighter Wing hosted the annual Children's Christmas Party, Dec. 10 in the hangar. The day was filled with fun activities and the children were able to have story time with Mrs. Claus while they waited to meet Santa. The event was sponsored by the 180th Fighter Wing Family Family Readiness Group. (Photo by Master Sgt. Elizabeth Holliker, Public Affairs)

