

THE

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STINGER

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COMMANDER'S COMMENTS

BUILDING COMMUNITY PARTNERSHIPS

**By Col. Florencio E. Marquinez
180th Medical Group Commander**

The 180th Medical Group has a very challenging role in the Ohio Air National Guard. We are tasked with providing medical support to the wing to “keep the flyers flying”, and maintain our wartime skills. We are in a unique position in that most of the medical professionals cannot get sustainment training during a UTA at the 180th.

Throughout the years, we have had to send individuals to various active duty bases to complete required training. We have traditionally sent people to Wright-Patterson, AFB and the Veterans Affairs hospital in Ann Arbor, Michigan. We had a training affiliation agreement with the VA hospital in the past.

In an effort to save money, work with the local community and complete required training, I had

Maj. Gary Easterly start working on a training affiliation agreement with University of Toledo Medical Center in 2007. UTMC is a local teaching hospital located in Toledo about 15 minutes east of the base. The agreement had to clear base legal, go through the guard bureau and go through the legal process of the university. In Aug. of 2009, we received final approval.

Then, our personnel had to go through all of the hospital orientation to receive student status in order to work at the hospital. This was achieved and we started sending individuals in May 2010.

The agreement allows our medical technicians and nurses to work on UTA days in a civilian emergency room setting. This allows them to receive valuable trauma experience that they cannot get on our base.

This partnership with the community is valuable not just



Col. Florencio E. Marquinez
180th Medical Group Commander

for sustainment training but for civilian/military joint response to disasters in the local area or pandemic illnesses that could affect the surrounding communities.

180TH FIGHTER WING MEDICAL SQUADRON RESPONDS TO REAL WORLD EMERGENCY

During an Operational Readiness Inspection, servicemembers from the medical squadron respond to all types of simulated emergencies and scenarios. Members of the 180th FW Medical Squadron were able to put some of their practice to the real test July 29, 2010, as they responded to a real-world local emergency while out to lunch at a local restaurant.

“When we walked in, there was a man on the floor unconscious,” said Master Sgt. Chad York, 1st Sgt. for the Medical Squadron. “The people who worked there brought us right over to him.”

Members had been wearing their red cross arm bands that designated them as medical personnel for the subsequent ORI,

so bystanders knew that they could help, said York.

“He was unconscious for a time, then he slowly came to. We just assessed him and monitored his breathing and vital signs,” said York. “We made sure 911 was called and stayed with him until emergency crews took over.”

York’s civilian job experience may have helped him respond to the emergency: He works for the Red Cross as a Team Supervisor. He has been a traditional guardsman at the 180th since 1997.

Senior Airman Lindsay Haas, a medic in the squadron, said that several members helped out readily.

“We moved out some chairs and gave the victim some room.” Said Haas. “He was confused and disoriented at first.”

Two other Airmen were instrumental in helping with the situation, said Yorke.

“Tech.Sgt. David Thomas, a 180th cardiopulmonary specialist, who is a Blood Donor Recruiter for the Wright-Patterson Blood Donor Center, was also one of the first people on the scene. He helped in making sure the person was stabilized. Staff Sgt. Matthew Kobylak, a medic for the 180th, works as an Emergency Medical Technician in the Emergency Room of St. John Macomb in Warren, MI, and he was able to give a more accurate assessment of the patient. Kobylak has been a member of the 180th since 2007.”

The patient was then taken over by local EMS personnel and taken to the nearest medical facility, said York.

In the end, the members of the 180th Medical Squadron were in the right place at the right time to come to the aid of a civilian in need.

SOCIAL NETWORKING: WHAT ARE THE GUIDELINES? AIDING YOU AS AN AMBASSADOR FOR THE 180TH FIGHTER WING

**By Master Sgt. Elizabeth Holliker
Public Affairs**

The Department of Defense has opened its computer network to allow access to Social Networking Sites such as Facebook, Twitter and YouTube, stating these new internet-based capabilities are integral to operations across the DOD. Though social networking sites have been defined as critical means of communication and collaboration throughout the DOD, allowing access to sites also poses very real security threats.

We now fight wars on multiple fronts; one of which is the information front. Joint Doctrine states, "Information is an instrument of national power and has complex components with no single center of control. Information itself is a strategic resource vital to national security and allows communicators to shape the information battlefield."

Consequently, the Air Force needs to turn all of its Airmen into communicators who combat negative influence of enemy propaganda, misinformation and misrepresentation. Airmen should note that anytime they engage in social media, they are representing the Air Force, and should not do anything that will discredit themselves or the Air Force.

"In general, the Air Force and the 180th FW views personal web sites and blogs positively, and respects the rights of Airmen to use them as a medium of self-expression," said Col. Mark E. Bartman, 180th Fighter Wing commander. "Even if Airmen state they are not representing the Air Force or the ANG, other audiences may not interpret the information that way."

Armed with the proper knowledge and understanding of these capabilities combined with an understanding of your role, personally and professionally as users of these sites, both on and off duty, will help to make the use of social networking sites powerful communication tools for the 180th Fighter Wing, the Air Force and the DOD.

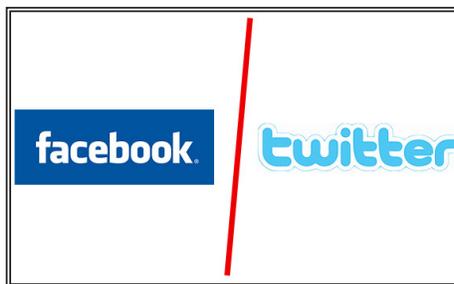
Now that we all have access to these sites here at work and at home, it is critical that we understand our personal roles and responsibilities, both on and off duty.

"The lines between a Guard member's personal and professional life are often blurred," said Mr. Jack Harrison, director of public affairs for the

National Guard Bureau. "They must also be mindful of the content not related to the National Guard that they post."

Many of us in the guard have said at one time or another, "I'm not active duty; I can do what I want when my duty day is done." Though that may be partially true, our family, friends, fans and followers on our personal social networking pages all know that we are members of the military and our actions can and will impact their views of the military, the 180th FW and possibly their views and opinions of us as well.

It is important to understand that first and foremost, you are an ambassador for the 180th Fighter Wing. You represent the 180th Fighter Wing, Air National Guard and the Air Force 24-hours a day, on or off duty, in uniform or in civilian clothes.



We all want to share our stories, experiences and photos of the latest deployments we have been on, whether it's an AEF rotation, a stateside Snowbird exercise, or an inspection. Our friends, family members and other followers want to know about these things, and they want to hear it from us directly and we should feel free to tell them. We just need to keep a few basic guidelines in mind when sharing these stories.

Operations and information security are key and should always be considered first when posting anything on social networking sites. It is our job to safeguard information that could impact the safety of our unit members and impact the effectiveness of our missions.

We are all entitled to our own thoughts and opinions and should feel free and comfortable to voice them, even in a virtual realm, but we must do so responsibly. Our personal opinions may be shared, but make it clear that your opinions are your opinions and that they do not reflect the opinions of

the 180th FW, the ANG or the AF.

If you are getting ready to post something that you wouldn't say to your mom or your boss, you might not want to post it at all. Your boss or supervisor may not be one of your Facebook friends or Twitter followers, but may be friends with a co-worker with whom you are also friends. People talk, so be smart, professional and respectful with what you post, even on your personal pages. Stay in your lane. Talk about what you know. Just because you are a member of the 180th FW, does not mean that you are a subject matter expert in all areas of the unit. If you are an aircraft mechanic, feel free to share information about what you do, you are the SME. As an aircraft mechanic, you are not a SME for the medical career field, so don't talk like you are.

When in doubt about something you want to post or something that someone else has posted relating to the 180th FW or the military in general, check with your local public affairs office for guidance.

Now that we can hop onto our computers here in our work areas and check out the latest posts, update your own status or even post important information for other unit members during the duty day, keep in mind, that even though you have access to your Facebook page here at work, the Department of Defense is watching. The Air Force is utilizing a security system called Host Based Security System, known as HBSS, to gather data and monitor internet surfing patterns. This system can monitor and track internet site usage directly to each individual user.

Though this system can "see" how often and how long you visit these sites, it cannot "see" what you are posting. You are ultimately and individually responsible and accountable for what you post.

As much as you are personally accountable for what you post, you are professionally responsible for ensuring the communication of important timely information to your guardsmen and co-workers, especially for those who are traditional members.

Have you ever tried to reach another guardsman via email or voicemail, but fail to receive a response? Try sending a quick 140 character or less message to your guardsmen

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on Twitter or Facebook and see how quickly the responses come pouring in.

As Air Force professionals, it is up to us to “integrate, leverage and use these new capabilities to our advantage,” said Col. Michael McDonald, commander of the Air National Guard Readiness Center. “The reality is our people are already using these sites today, at work, on their personal digital assistants.”

Sites like Facebook, Twitter and MySpace, combined with the ever evolving smart phones often results in immediate, real-time communication between users.

Smart phones have become a kind of life line in our culture, much like these social networking sites. Put them together and you have the newest, most powerful communication and collaboration tools at your fingertips, both as the information sender and as the receiver.

Take advantage of the tools at hand, either from a computer in your office or from your smart phone to enhance communication with your unit members, whether you Facebook them, send them a Tweet or even manage a section specific Facebook page for your section.

Again, there are some basic guidelines that we all need to keep in mind, much like when we post on our personal sites.

When you are posting as a member of the 180th FW for the sole purpose of communicating with other unit members, their families or the community, you are representing the unit directly and must keep INFOSEC and OPSEC in mind as well as remain professional and respectful.

You can speak as the voice of your section, but you are not the voice for the 180th. If you have information that you would like to get out to the entire unit, contact your local public affairs office for assistance and approval of the information.

Special section pages, such as a Facebook Group Page, can be a great way to share information and ideas or to keep in touch with traditional members. If you choose to setup and manage a special page for your section, you must contact public affairs for assistance in getting the site approved by the wing commander and registered with the Air Force. The public affairs office will also provide you with the rules of engagement for managing a section specific page.

“The rules of the game have clearly changed,” said Bartman. “As Airmen and warriors we can enjoy our freedoms and at the same time ensure we are not helping out the bad guys track our vulnerabilities. Please follow the “Top 10 Tips for New Media.””

1. **DON'T GIVE CLASSIFIED INFO** Don't divulge classified, FOUO or sensitive materials, photos or video. OPSEC is crucial to our mission, think before you speak or film—if you're not sure, ask someone! A harmless video of an Airman dancing on the flightline could be sensitive if it's a deployed environment showing bombers on the flightline. Be smart. Security is at the source.
2. **STAY IN YOUR LANE** If you're an aircraft mechanic, you're well suited to communicate messages about aircraft maintenance. If you're an aircraft mechanic blogging about legal issues—reconsider your blog.
3. **DON'T LIE** Credibility is critical, without it, no one cares what you have to say...it's also punishable by the UCMJ to give a false statement.
4. **GIVE YOUR OPINION** Yes, tell them what YOU think...just make sure you state that this is your opinion and not that of the organization. Also, be sure to identify what is your opinion and what is factual.
5. **ALWAYS IDENTIFY YOURSELF** Identification makes your post more credible.
6. **SAFETY** Videos that get widespread attention, or become “viral,” feature death-defying stunts or acts that are considered “extreme” in nature. Don't let the desire to get your message across compromise your consideration for safety.
7. **BE AWARE OF THE IMAGE YOU PRESENT** If using a visual medium, don't let your message get overshadowed because the viewer's attention is drawn to your improperly worn uniform or something occurring in the background. The image you present will set the tone for your message and often mean

the difference of whether or not people listen to your message. Your tactical representation could have strategic and international consequences for the Air Force and the nation.

8. **USE COMMON SENSE** This is the bottom line. If you wouldn't say it in front of your mother, you probably shouldn't say it on YouTube. Realize that your words and images will go out to thousands and possibly millions of people around the world instantly and once it's out there, it's out there for good. Your unit Public Affairs shop should always be a source of advice and guidance in this medium. Also, be careful what personal information you divulge, such as address, phone numbers or any information that could aid identity thieves or the enemy.
9. **DON'T BE AFRAID TO TAKE CALCULATED RISKS** Military life often deals in ambiguity: In order to make the best decision, it's recommended to take in as many variables as possible in order to make the most accurate decision.
10. **THE ENEMY IS ENGAGED** The enemy is engaged in this battlespace and you must engage there as well.

As you can see, these internet-based capabilities, when used properly can greatly impact the communication and collaboration within the 180th FW. However, used improperly, they can have a negative impact on our productivity at work, our safety and security and our image, personally, professionally and as a unit as a whole.

As ambassadors for the 180th FW, let's use these tools to our advantage. Use them properly to share important information with our unit members. Use them to communicate with our family members, friends and our local communities. Let's all work together to share the 180th Fighter Wing story in the most professional way we can.



180TH MEDICAL GROUP PART OF HOMELAND DEFENSE LIFE-SAVING TEAM

**By Master Sgt. Elizabeth Holliker,
Public Affairs**

The catastrophic F-4 tornado that ripped through the town of Ravenna Falls, Ohio in Aug. left six members of the 180th Fighter Wing Medical Group sifting through the rubble left in its wake. Though the scene was horrific, it was only a scenario at Camp Ravenna's Joint Military Training Center. The scenario was part of the week-long Operation Talon Shield training exercise hosted by Camp Ravenna Aug. 3-9. This joint training mission was designed to exercise military and civilian response and life-saving capabilities after a disaster.

The six-man team, providing medical triage and search and extraction support, make up part of Ohio's larger Chemical Biological Radiological Nuclear or High-Yield Explosives Emergency Response Force Package, or CERFP. The package, designed by the National Guard Bureau, is comprised of Soldiers and Airmen from select Army



Courtesy photo

Staff Sgt. Chris Ice, a 180th aerospace medical technician, left, Col. Florencio Marquez, 180th Medical Group Commander, center, and 2nd Lt. Janeen Przysiecki, a clinical nurse officer for the wing, pause for a photo during Operation Talon Shield training exercise at Camp Ravenna Aug. 3-9. The 180th servicemembers were suited up to go down range for the next extrication mission. Wearing Tyvex suits, PAPR mask, and rubber boots/gloves, the suits are taped around their face, mask, hands, ankles and zipper to prevent contamination.

Stinger <http://www.180fw.ang.af.mil/>

and Air National Guard units in Ohio. Army units provide the engineering support while the Air units bring the medical capabilities.

Throughout the week-long exercise, the 180th medical team worked side-by-side with about 1,500 other Soldiers, Airmen and local civilian emergency response teams rescue, extract, decontaminate and treat the victims of the tornado.

"My favorite part of the training is the camaraderie that is built between the Air Force and the Army," said Staff Sgt. Chris Ice, an aerospace medical technician at the 180th Fighter Wing. "It shows two different forces with different jobs can work together, with the same goal in mind, to help people."

A rubble pile, designed to enable rescue crews to navigate through confined and unstable spaces to evacuate casualties, simulates the difficulties of working and maneuvering in and around collapsed structures, often while wearing full chemical protection gear. This gear, called Tyvex suits, are specially designed to keep chemicals from absorbing into the skin.

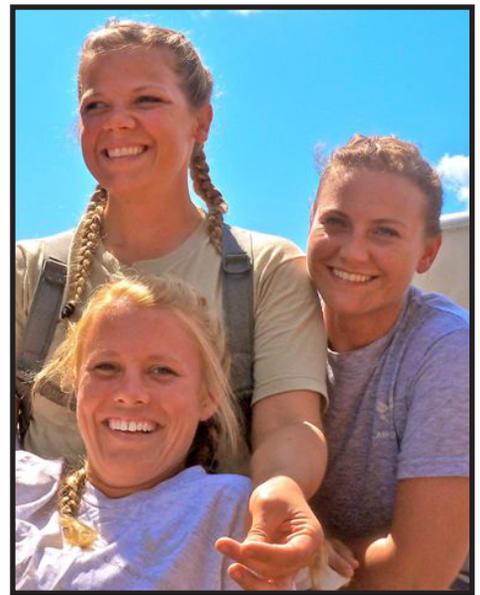
"We are all trained in collapsed structure and confined space extraction," said 2nd Lt. Janeen Przysiecki, a clinical nurse officer for the wing. "We have all been HAZMAT trained and RIG certified."

Response International Group, or RIG, is a required course for CERFP personnel where they are taught confined space rescue, repelling, ropes and heavy machine operation.

Ohio's CERFP team serves the Federal Emergency Management Agency's region five, supporting Ohio, Michigan, Indiana, Illinois, Wisconsin and Minnesota. The team's mission is to provide immediate response to the governor in searching disaster sites, rescuing casualties, decontaminating them, performing medical triage and initial treatment to stabilize them for transport to nearby medical facilities.

The 180th joined the Ohio team in 2007, completing five weeks of initial training, earning all necessary certifications. The team continues to participate in additional training exercises each year, totaling about two weeks each year.

"Although it is just training, we all take great pride in the fact that we could be called at a moment's notice to help save lives on such a large scale," said Przysiecki. "It's an Air Force medic's dream to be used in this scenario."



Courtesy photo

180th servicemembers sit to cool off after the team completed their mission during Operation Talon Shield training exercise at Camp Ravenna Aug. 3-9. They are, clockwise from top, Staff Sgt. Amber Wonderly, aerospace medical technician, 2nd Lt. Janeen Przysiecki, a clinical nurse officer, and Senior Airman Cody Gomez, aerospace medical technician.

This year, the National Guard Bureau, in collaboration with the Department of Defense and the states has created a larger response organization called the Homeland Response Force. Ohio, along with Washington D.C., has been selected as the first two teams to stand up the first of 10 future HRFs.

The June press release announcing the creation of the HRF stated that the HRFs will allow the DoD a robust ability to respond to a domestic CBRNE incidents while recognizing the primary role that the governors play in controlling the response to incidents that occur in their states.

"CERFP is a mission set that is tied directly to our minuteman heritage," said Col. Mark E. Bartman, 180th Fighter Wing commander. "As members of the National Guard we must be prepared to meet the needs of our citizens and heed the call of our state commander in chief – the governor, when needed anywhere, anytime."

180th team members include Maj. Ted Liszeski, 2nd Lt. Janeen Przysiecki, Staff Sgt. Chris Ice, Staff Sgt. Amber Wonderly, Senior Airman Cassandra Brockway, and Senior Airman Cody Gomez.

180TH SERVICEMEMBERS EXCEL

CLEP TESTING

Congratulations to Staff Sgt. George Wolfe, Public Affairs Videographer, who successfully passed the Public Speaking exam and oral presentation CLEP exam. This CLEP exam result will be applied toward his Community College of the Air Force degree. For more information on obtaining a CCAF degree, please contact the Force Development Office (ext. 4175, 4182 or 4344).

CDC 90% CLUB

Congratulations to the following individuals who passed their CDC End-of-Course Exam with a score of 90% or higher:

NAME	CDC	UNIT
TSgt Craig Laubender	2T352C (CDC)	LRS
TSgt Paul McKeever	10212W (CDC)	CES
SSgt Jill Bonnough	2T071 (CDC)	LRS
A1C Andrew Harman	2A655 (CDC)	MXS
A1C Ronnie Hartzell	2A655 (CDC)	MXS
A1C Devin Vangorder	10027W (CDC)	CES

FINANCIAL BENEFITS TO VETERANS OF RECENT WARS AVAILABLE

By Richard Cordray
Ohio Attorney General

One war veteran's simple question is about to bear fruit for 200,000 of his fellow Ohio veterans.

In 2007, U.S. Army Capt. Thomas Germano, a Mentor native then serving in Iraq, asked my office in a letter if the state offered financial benefits to veterans of recent wars. The state did not at the time, but Capt. Germano's question prompted me to ask the Legislature to ask voters to approve a bonus payment to veterans in salute of their service, just as Ohioans had done after World Wars I and II, Korea and Vietnam. Last November, more than seven in 10 Ohioans approved this bonus.

Today, state leaders and I announced that applications are now being accepted for the veterans bonus.

Veterans can download the application or get more information at: www.veteransbonus.ohio.gov.

Eligible veterans who served in the Persian Gulf, Iraq or Afghanistan wars may receive \$100 for each month of active duty service up to \$1,000. Eligible veterans serving on active duty elsewhere in the world during these wars may receive \$50 per month of

service up to a maximum of \$500. An eligible veteran may combine their service bonuses for a maximum payment of \$1,500. Family members of deceased veterans may also be eligible for compensation.

Notary service for applications will be available at all of Ohio's more than 200 county clerks of courts locations.

In addition, assistant attorneys general in my offices in Columbus, Cleveland, Cincinnati, Youngstown and Toledo will provide the needed notarization on veterans' applications free of cost.

Information on those locations is available at: www.OhioAttorneyGeneral.gov/VeteransBonus.

If you know someone who might be eligible for this bonus, please forward this message at the web address <http://cl.publicaster.com/Forward.aspx?pubids=177%7c7621%7c29546&digest=2TD%2fkCAPsyk8B%2fYXG4iKEQ&sysid=1> to that person. And, again, please visit www.veteransbonus.ohio.gov for specific information about the application process and eligibility.

It is very gratifying to see Capt. Germano's suggestion from 2007 finally becoming reality, just as it is gratifying to see Ohio voters reward the service of their fellow citizens.



ON THE COVER

Firefighters of the 180th Fighter Wing participate in a simulated fire exercise at the Toledo Fire and Rescue Department Training Academy in Toledo, Ohio, September 12, 2010. **Photo by Senior Airman Amber Williams, Public Affairs.**

Promotions

TO CHIEF MASTER SERGEANT

Brian Lauderman 180 CES
Jeff Trabold 180 CSF

TO MASTER SERGEANT

Robert Vossen 180 OSF
Robin Wiseman 180 FSS
Pamela Thibert 180 FW
Mary Badyna 180 LRS

TO TECHNICAL SERGEANT

Wendy Thrasher 180 OSF
Vincent Fitzgerald 180 FSS
Benjamin Genson 180 MS
Kevin Barrett 180 LRS
Amanda Thompson 112 FS
Jason Benschoter 180 MS
Levi Shadle 180 FW
Nathan Stull 180 CES
Patrick France 180 SFS
Michael Lijewski 180 LRS
Anthony Dominique 180 AMS
Gregory Hallett 180 LRS
Kyle Kynard 180 OG
Thomas Renken 555 Band
Brian Bigelow 555 BAnd

TO STAFF SERGEANT

Philip Messer Jr 112 FS
Andrew Florea 180 LRS
Ashley Zuchowski 180 LRS
Marisa Coleman 180 AMS
Joseph Behnfeldt 180 MS
Ian THomas 180 CF
Matthew Heckel 180 LRS
Brooke Nusbaum 180 FSS
Joseph Stamm 180 MS
Patrick Langenderfer 180 MS
Matthew Brown 180 CES
Jeremy Adams 180 MS
Teresa Welsh 180 LRS
Julie Chapman 180 MS
Phillip Dangelo 180 MS
Nicholas Krauss 180 OSF
Aaron Deen 180 FSS
Matthew Kobylak 180 FW
Brandon Cole 180 AMS
David Nicely 180 CES
Lindy Runion 180 CES

TO SENIOR AIRMAN

Kristofer Hepfinger 180 FSS
Samantha Wood 180 FSS
Jolan Hardiman 180 MS
Aubry Schafer 180 MS
Timothy Wingate 180 CF
Mychaela Harris 180 CF
Nathan Ceglio 112 FS
Scott Hartzell 112 FS
Travis Dancer 180 MS
Matthew Hall 180 MS
Riordan Hogan 180 MS
Matthew Mires 180 MS
Nasheka Maddan 180 FW
Amber Williams 180 FW
Christopher Lehman 180 OSF
Ryan Waldie 180 AMS
Jade Gaston 180 AMS
Zachary Biller 180 CES
Amber Harman 180 MS
Michael Newhard 180 MS
Jacob Sandusky 180 MS
Andrew Umbraugh 180 MS
Clayton Sell 555 Band
Quran Fahringer 180 OSF
Misty Goodrick 180 OSF
Helen Kervin 180 OSF
Tara Suber 180 SFS
Joseph Barnett 180 AMS
Jordan Gozales 180 AMS
Benjamin Sears 180 AMS
Cory Spain 180 AMS
Jerrod Tegtmeier 180 AMS
James Tucker 180 AMS
Jeffery Tabaka 180 CF
Galen Anthony 180 MS
Ernest Blue 180 MS
Austin Clouse 180 MS
Sean Dalton 180 MS
JUstin Elkins 180 MS
Bryan Shinaver 180 MS

TO AIRMAN FIRST CLASS

Jordan Seedorf 180 MS
Joshua Parker 180 MDG

***If you have been promoted and have not been recognized in the Stinger, please call us at ext. 4072. We will be glad to place your name in the next issue.**

A LOOK BACK AT THE 2010 ORI



Photos by Senior Airman Amber Williams, Public Affairs



"The 180th Fighter Wing has a proud tradition of excellence in all we do. The results of this ORI demonstrate that we continue this tradition!"

"I sincerely appreciate the hard work of every 180th member who made this inspection successful. I also appreciate the sacrifice of your family members and employers who definitely contributed to our success."

Col. Mark E. Bartman, 180th Fighter Wing Commander



GIVING TIME TO GIVE A GIFT

180TH HOSTS A BLOOD DRIVE SUPPORTING THE AMERICAN RED CROSS

**By Master Sgt. Elizabeth Holliker,
Public Affairs**

“As members of the National Guard, we must be prepared to meet the needs of our citizens,” said Col. Mark E. Bartman, 180th Fighter Wing commander. “Anytime, anywhere.”

On Sept. 8, members of the 180th Fighter Wing stood up to that mission by hosting a mobile blood drive in the unit’s aerospace dining facility. The drive, supporting the American Red Cross, aimed to help ensure an adequate blood supply for local area hospitals.

The Western Lake Erie Region supports 23 area hospitals in 11 counties in Northwest Ohio and Southern Michigan. Three hundred units of blood are needed daily to support this region and every donation counts.

The 180th began hosting mobile blood drives in 2004, holding three drives each year, collecting anywhere from 25-40 units of blood each drive. During the Sept. 8 drive, 29 unit members donated, along with two soldiers from the 983rd Army Engineering Reserve unit in Monclova, and one member of the Port Authority, totaling 32 units of blood.

Each time the 180th FW hosts a blood drive, a local mobile Red Cross team of five to seven staff members bring everything they need for a successful drive, even snacks and drinks for the donors. This small team works together to walk donors through

the four-step donation process. They register donors and complete health histories and physicals to ensure donors are fit and qualified for donation, collect about one pint of blood from each donor, label and bar code each donor’s blood and records, and store and transport all collected blood to a Red Cross center where the blood will be processed, tested and stored until distribution.

“For every unit of blood collected, up to three lives may be saved,” said Mrs. Kerri Rochelle, Western Lake Erie Region’s senior donor recruitment representative. “Since 2004, the 180th has collected 438 units of blood.”

When members of the 180th FW donate, they not only get the satisfaction of meeting the needs of our local community in our homeland, they also get the satisfaction of knowing that donating blood is another opportunity that may save a life, or two, or three. To date, the 180th may have contributed in saving over 1,000 lives.

“The support the airmen of the 180th FW provide to the local Red Cross chapters and the larger Northwest Ohio area is inextricably tied to our minuteman heritage,” said Bartman.

On a larger scale, every two seconds, someone in the U.S. needs blood and more than 38,000 units of blood are needed daily to meet the demands. Eighty percent of all blood donations are collected from mobile blood drives set up at locations like the 180th.

Only 65% of the American population is eligible to donate,” said Rochelle. “Of that 65%, only about 5% actually donate.”

Though mobile blood drives collect 80% of the nation’s donated blood supply, they are not able to support all types of donations. Of the six types of blood donations needed by the Red Cross, the blood drive at the 180th supported two of these types, whole blood and double red cells.

Whole blood, donated by the pint, is the most common type of donation and contains red and white blood cells, platelets and plasma. Donors can give whole blood every 56 days, or six times a year. Though it only takes about ten minutes to actually donate can collect the blood, the entire process, from registration to refreshments, takes about an hour.



Photo by Master Sgt. Beth Holliker, Public Affairs

Staff Sgt. Nathan Goff, 180th Fighter Wing, donates blood at a Red Cross blood drive hosted at the 180th Fighter Wing, Sept. 8. The 180th FW has been hosting blood drives for unit members since 2004. Throughout that time, 180th members have donated 438 units of blood. (U.S. Air Force/Released).

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POWERING AMERICA

We're on target.

By developing renewable resources and using efficient technologies, we can protect the environment, stimulate the economy, and increase energy security.

Simple actions every day add up to big results:

- Switch to compact fluorescent bulbs (CFLs) and solid-state lights (SSLs)
- Purchase ENERGY STAR® equipment
- Turn out lights and shut off computers and TVs when not in use
- Combine trips, share rides, and use mass transit
- Reduce, reuse, recycle

Find out more. Visit:

www.energysavers.gov

U.S. DEPARTMENT OF
ENERGY

Energy Efficiency &
Renewable Energy

For more information contact EERE Information Center:
1-877-EERE-INF (1-877-337-3463)
www.eere.energy.gov/informationcenter



From GIVING, Page 9

An hour of your time, six times a year could save up to 36 lives.

Staff Sgt. Tony Unum, a financial management systems technician at the 180th FW said he is “grateful that I am able to help others without asking anything in return.” Staff Sgt. Unum has donated over two gallons, or 16 pints, of whole blood over the years.

Because red blood cells are the most frequently used blood component and are needed for blood transfusions of almost every blood type, double red donations allow donors to donate two units of red blood cells only, per donation. During a double red donation, blood is drawn from one arm and channeled through a machine that separates and collects two units of red blood cells and returns all other blood components back to the donor through the same arm.

“By donating double red blood, my blood donation can be used by more patients requiring transfusions. As explained to me red blood cells are the most frequently used blood component and are needed by almost every type of patient requiring transfusion. I met the requirements needed being an O positive donor. This is the first time I have donated in this manner, said Tech. Sgt. Robert Guthrie, F-16 Jet Engine Mechanic.



Photo by Master Sgt. Beth Holliker, Public Affairs

Technical Sgt. James Gerschutz, 180th Fighter Wing, donates blood at a Red Cross blood drive hosted at the 180th Fighter Wing, Sept. 8. The 180th FW has been hosting blood drives for unit members since 2004. Throughout that time, 180th members have donated 438 units of blood. (U.S. Air Force Photo/Released).

Blood and the components within blood cannot be manufactured, donations are necessary to meet local and national demands. Donating is fairly quick and painless. Donors can begin donating at the age of 16, with parental consent. Donors must be between 110 and 350 pounds and be in good health.

Giving a little of your time a few times a year in order to give such a precious gift will not only give you the satisfaction of helping others, it may also give someone in need the priceless gift of life.

The 180th Fighter Wing is one of two military organizations in the Western Lake Erie region that host mobile blood drives.

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For more information call ext. 4014 or ext. 4072 during the UTA.

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